



## FRAILTY CERTIFICATION PROGRAM

Improve Quality of Care and Quality of Life

# Best-Practice Approach to Early Interventions

Turn to the experts at Patient Pattern and Pathway Health to support an interdisciplinary, best-practice approach to Frailty.

### What is Frailty?

Frailty is a chronic condition of physiological losses across multiple body systems that ultimately affects function and cognition. The three components of Frailty include, psychological changes, physical declines and social disruption. Frailty scores can accurately predict the risk for rehospitalization and the potential for recovery. Individuals with a high Frailty Risk Score are more vulnerable to dependency, poor outcomes and/or increased mortality rates.

### Strengthen your Knowledge with Frailty Certification

Achieving positive outcomes requires an interdisciplinary team approach to care and clinical decision support from best-practices in geriatric medicine. Addressing frailty is essential to achieving improved outcomes.



**Available to Organizations across the Care Continuum:** Physician Practices, Nursing Homes, Senior Living, Home Health, Hospice and Palliative Care, Pharmacy, Payors/ Insurers/ACOs



**Role-Based Competency Learning:** Medical Directors, Physicians, PAs; Health Care Administrators; DONs/Clinical Leaders, APNPs, Licensed Nurses, Infection Preventionists; MDS Coordinators/Nurse Assessment Coordinators; CNAs; Social Workers; Therapy Professionals; Consultant Pharmacists; Activities Professionals



**Self-Paced Certification Program:** Continuing education hours are available on-line, 24/7, through the Pathway Learning Network



**More than 20 Learning Modules:** Frailty Definition, Associated Conditions, Communications, Medication Management, Polypharmacy, Advance Care Planning

## Benefits of Frailty Certification

Becoming Frailty Certified underscores your commitment to implementing an evidence-based, best practice approach.

- Positively impact Quality Outcome measures.
- Support evidence-based, frailty-Informed approaches to person-centered care.
- Implement practice-based learning and enhance knowledge.
- Support communication of patient/family goals throughout the interdisciplinary team.

Contact us to learn more how Frailty Certification can lead to improved quality and positive outcomes.