



**PATHWAY
HEALTH**
Insight | Expertise | Knowledge



Falls Ready Review & Training Solutions



From Risk to Readiness: Proactive Fall-Risk Oversight

Fall-related Injuries represent a critical intersection of clinical risk, documentation vulnerability, and financial exposure. Nursing home falls remain a leading driver of medical claims, liability actions, and adverse survey outcomes—often exacerbated by inconsistent assessments, fragmented care planning, and weak post-fall documentation. A structured, objective review of fall-related systems provides essential insight into loss drivers and opportunities to mitigate risk before claims escalate.

Falls Ready Services

Provides a structured, evidence-informed evaluation of fall-related risk across skilled nursing and senior care settings. Led by Pathway Health's experienced clinical and regulatory professionals, the review identifies system vulnerabilities, strengthens documentation integrity, and reduces fall-related frequency, severity, and defensibility risk, with targeted education and training provided to close gaps and align practices with best practices and regulatory expectations.

Key Audit Focus Areas

Audit of systems and practices to minimize risk and impact of falls. Training to address audit gaps and best practices follows. Gaps will be identified in the following areas:

- Policies, procedures and training curriculum related to fall prevention and post-fall management and documentation.
- Assessment and care planning and/or service plan to minimize falls.
- Systems in place to support safe transfers, early detection of resident change in condition, incident reporting, data collection related to falls, notification of physician, care team and family/responsible party.
- Root Cause Analysis (RCA) on what individual factors put each unique resident at risk for falling.
- Role of interdisciplinary team to assess, intervene, and document actions.
- Effective use of EHR (Electronic Health Record), effective documentation for care coordination and defensible documentation.
- Routine scheduled and 24/7 as needed identification and intervention of environmental hazards. Roles of all departments.

Scope of Review

- **Prep** will include review of Electronic Health Record (EHR) remotely, 5-star rating trends, and other policy and procedure/document review.
- **Observations**, interviews, incident report and other medical record review, IDT meeting attendance will occur onsite at each facility, or, as another option, at key representative facility if multiple facilities are involved.

Fall Prevention Training

- **Training** will cover best practices related to falls prevention such as risk assessment, root cause analysis, care planning, medical evaluation, notification, post-fall monitoring, data collection, eductive incident reporting. Training will be completed at each facility, or central location arranged by client, if more than one facility attends. The maximum number of staff per class is 25. If large numbers of staff are in need of training, multiple sessions will be held over the course of training days.
- **Written Report**, Action Plan and Presentation to Leadership, will be provided after Falls Ready Review and Training.
- **Additional support** with falls related policy and procedure, tools, or systems development, PointClickCare (PCC) custom configuration, PCC end user training, mentoring, or other related training is available.

We're Ready to Help

Effective fall-risk management requires more than policies—it demands defensible systems, consistent execution, and measurable oversight. **Contact us to learn more and partner with Pathway Health to proactively manage fall-related risk.**

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